



## Adult Gymnasium Drop-in Sport Schedule

Have a free evening with nothing to do? Grab your runners, maybe a friend and drop-in to a variety of sports programs offered in West Kelowna. A great way to get a little exercise and have some fun, no commitment required, just drop-in! Equipment is provided. *Due to occasional scheduling conflicts, these sessions are subject to change/cancellation.*

Description	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Badminton</b> 14yrs + SPORT ATTENDANT: <b>Bob</b> LOCATION: <b>Mt Boucherie Senior Secondary, Gym</b> <b>NO CLASS FEB 20</b>	Jan 9-Mar 13 7:30-9:30pm				
<b>Basketball</b> 19yrs + SPORT ATTENDANT: <b>Richard</b> LOCATION: <b>George Pringle Elementary School, Gym</b> <b>NO CLASS FEB 6 &amp; 20</b>	Jan 23-Mar 13 7:30-9:30pm				
<b>Co-Ed Indoor Soccer</b> 19yrs + SPORT ATTENDANT: <b>Michelle</b> LOCATION: <b>Multi Sport Centre/Dome</b>				Jan 5-Mar 16 8:15-10:15pm	
<b>Volleyball-Recreational</b> 19yrs + SPORT ATTENDANTS: <b>Terry and Ryan</b> LOCATION: <b>Mar Jok Elementary School, Gym</b> <b>NO CLASS FEB 20</b>	Jan 9-Mar 13 7:30-9:30pm				
<b>Volleyball-Intermediate</b> 19yrs + Bring your own ball if you choose. SPORT ATTENDANT: <b>Andrew</b> LOCATION: <b>George Pringle Elementary School, Gym</b>			Jan 18-Mar 15 7:30-9:30pm		
<b>Volleyball-Competitive</b> 19yrs + Bring your own ball if you choose. SPORT ATTENDANT: <b>Emma</b> LOCATION: <b>Mar Jok Elementary School, Gym</b>		Jan 3-Mar 14 7:30-9:30pm			

See [www.westkelownacity.ca/communitycalendar](http://www.westkelownacity.ca/communitycalendar) for schedule changes on community calendar.

- Drop-in Programs: Gym Programs**
- Advance online registration is available. Drop-in welcome on site, space permitting.
  - Register at [www.westkelownacity.ca/recreation](http://www.westkelownacity.ca/recreation).
  - Each program will have different maximum capacities.
  - Online registration for programs opens the day prior and closes at 4:00pm day of.
  - Drop-in programs are nonrefundable.
  - Doors will open 15 minutes prior to each start time.
  - See page 47 for registration details.

*Please be advised that participants will be required to read and sign a waiver prior to participating in all of our drop-in programs.*

CITY OF WEST KELOWNA  
RECREATION AND CULTURE

778-797-8800

### Adult Leagues

#### League-Soccer

A league of our own! The City of West Kelowna is pleased to offer an indoor co-ed recreational Soccer league. Teams should be comprised of 20 players with a minimum of six men and two women on the field at all times.

LOCATION: **Multi-Sport Centre/Dome**

**9506 Tu/W Jan 3-Mar 29 8:15-10:15pm \$840/13**

#### League-Volleyball Indoor

A league of our own! West Kelowna is pleased to offer an indoor co-ed recreational volleyball league. Teams should be comprised of six players with a minimum of two men and two women on the court at all times.

LOCATION: **Mar Jok Elementary School, Gym**

**9505 Th Jan 5-Mar 16 7:30-9:30pm \$145/11**

