

## Summer Pool Schedule Effective Jul 1-Sep 2

Schedule may be subject to change.

**Lane Swim: Reserve for the upcoming week starting Fridays at 8:30am. Max of 2 active spots/week.**  
**Pool space is shared with facility programs throughout the day. Please be respectful and mindful of what is going on around you.**

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-7:00am		Lane Swim (reservation required) / Adult Spa					
7:00-8:00am		Lane Swim (reservation required) / Adult Spa					
8:00am-Noon		AquaFit / Swim Lessons / Parent & Tot Swim / Adult Spa					
Noon-1:00pm	Public Swim (Noon-4:00pm)	Lane Swim (reservation required) / Adult Spa					Public Swim (Noon-4:00pm)
1:00-2:00pm		Water Walking / Adult Spa / Parent & Tot Swim					
2:00-5:00pm		Public Swim					
5:00-6:30pm		Swim Club / Aquatic Programs					
6:30-8:00pm		Public Swim (AquaFit M/W 6:30-7:15pm, no swim lane available)					
8:00-9:00pm		Lane Swim/ Adult Spa	Lane Swim/ Adult Spa	Lane Swim/ Adult Spa	Lane Swim/ Adult Spa		

**Masters Swim:** Masters Swim Club will be using half the pool 8:00-9:00pm Tu/Th until Jul 14.  
 Only one double lane available during Masters Swim.

### CANADA DAY (Friday, July 1) and BC DAY (Monday, Aug 1) Public Swim Noon-4:00pm

#### DESCRIPTIONS:

**Lane Swim:** Fast, medium or slow lane. No water walking. Only one lane available Tu/Th night during Master's.

**AquaFit:** For a detailed schedule of classes, please see page 17.

**Water Walking:** No lane swim for swimming lengths.

**Public Swim:** All children under 7yrs must be accompanied by a responsible adult (16yrs +) and be within arms reach at all times. *One single lane will be available for public use during Public Swim.*

**Parent & Tot Swim:** Beach area/round pool/hot tub available. Children under 6yrs only, accompanied by an adult (16yrs +).

**Aqua Yoga:** Round pool closed to public during Aqua Yoga classes. See page 18 for details.

**Adult Spa:** Adults (18yrs +) only, hot tub and steam room available.

Click here  
for the  
Spring Pool  
Schedule

### Expectations of Adults Swimming with Children

**All children under 7yrs must be within arm's reach of a responsible adult (16yrs +) at all times in/and around the pool.**

#### We expect adults with children to:

- **Actively engage with children in the water.** ie: Safely enter and exit the water, maintain sight and attention of children in your care.
- **Encourage the safe use of all equipment**  
Such as: slides, diving boards, mats and boats.
- **Help Lifeguards enforce safety pool rules**  
Support facility rules such as: no running, no standing on or diving off mats.
- **Encourage safety skills.** Teach children to wait for an adult when they come to water. ie: Stop, Look and Listen.



JOHNSON BENTLEY  
MEMORIAL AQUATIC CENTRE

778-797-POOL