

Pool Schedule Effective as of Feb 27 Schedule may be subject to change.

Lane Swim: Reserve starting Fridays at 8:30am for the upcoming week. **Max of three active spots/week.** Online registration encouraged.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00am	Reserved Lane Swim / Adult Spa						
7:00-8:00am	Reserved Lane Swim / Adult Spa						
8:00-8:45am	Aqua Fitness / Lane Swim / Adult Spa						
9:00am-Noon	Aqua Fitness / Lessons / Parent & Tot Swim / Lane Swim / Adult Spa					Lessons**	
Noon-1:00pm	Reserved Lane Swim / Aqua Yoga (M,W,F) / Parent & Tot Swim / Adult Spa					Lane Swim/ Lessons	
1:00-3:00pm	Public Swim / Rental Groups					Public Swim (1:00-4:00pm)	
3:00-5:00pm	Lessons** / Swim Club				CLOSED		
5:00-6:30pm	Lessons** / Swim Club						
6:30-8:00pm	Public Swim (Aqua Fitness running M/W 6:30-7:15pm - no swim lane available)						
8:00-9:00pm	Lane Swim/ Adult Spa/ Aqua Yoga	Masters Swim/ Adult Spa	Lane Swim / Adult Spa / Aqua Yoga	Masters Swim/ Adult Spa			

****Pool facilities (main pool, hot tub, steam room) closed to public.**

DESCRIPTIONS:

Lane Swim: Fast, medium or slow lane. No water walking.

Aqua Fitness: For a detailed schedule of classes, please see page 15.

Public Swim: All children under 7yrs must be accompanied by a responsible adult (16yrs +) and be within arms reach at all times. *No lane available M/W during public swim.*

Parent & Tot Swim: Beach area/round pool available. Children under 6yrs only, accompanied by an adult (16yrs +).

Aqua Yoga: Round pool closed to public during Aqua Yoga classes. See page 19 for details.

Adult Spa: Adults (18yrs+) only, hot tub and steam room available.

Masters Swim: Masters Swim Club will be using half the pool Tu/Th from 8:00-9:00pm. *One single lane will be available for public use during Masters Swim.*

Spring Break Public Swims Mar 18-Apr 2

Monday-Friday
1:00-5:00pm
& 6:30-8:00pm

Saturday & Sunday
1:00-4:00pm

Expectations of Adults Swimming with Children

All children under 7yrs must be within arm's reach of a responsible adult (16yrs +) at all times in/and around the pool

We expect adults with children to:

- **Actively engage with children in the water.** ie: Safely enter and exit the water, maintain sight and attention of children in your care.
- **Encourage the safe use of all equipment**
Such as: slides, diving boards, mats and boats.
- **Help Lifeguards enforce safety pool rules**
Support facility rules such as: no running, no standing on or diving off mats.
- **Encourage safety skills.** Teach children to wait for an adult when they come to water. ie: Stop, Look and Listen.

