



WESTSIDE YOUTH CENTRE BGC OKANAGAN

2466 Main Street, West Kelowna
Phone: **250-768-9139**
Cell: **250-718-7065**
www.bgco.ca



Drop-in Programs 12-19yrs

M-F 3:00-8:00pm *Closed Weekends and Holidays

The Westside Youth Centre's drop-in programs and special events are geared toward youth. The Centre offers free, supervised drop-in activities five days per week. The Westside Youth Centre is open from 3:00-8:00pm Monday-Friday. **Activities include:**

- Free afternoon snacks and dinner M-F
- Pool, air hockey, computers and internet access
- Movies, music and board games
- Structured Life Skills, Employment and Education Support, Leadership and Arts Programming
- Rec out trips to local parks with games and snacks

Creative Arts

If you have been inside our club, you've seen how creative and incredibly talented West Kelowna youth are. Their art is displayed with pride throughout our Centre. We are always offering opportunities for youth to engage in creative activities such as tie-dye, painting, crafts, and more.

Life Skills Training

To help youth become healthy, successful and contributing members of society, we offer many life skills training opportunities for youth. This includes volunteer and leadership opportunities, employment and education support.

Youth Leadership

Youth Leadership within the club helps youth develop employment skills and become confident leaders in their community. The Westside Youth Centre provides a number of opportunities for youth to build

leadership skills including volunteer opportunities, youth-led activities and projects and our Youth in Residence Peer Support Program. Youth who are interested in being a part of the Youth in Residence Program can contact staff to learn more.

Raise the Grade supported by RBC Future Launch 14yrs +

Planning for your future? We can help!

- Get study tips, homework help from mentors and tutors
- Build skills, share your hobbies and interests with friends
- Set goals and make a plan for college or university
- Work with Club staff to help you get where you want to go

Group, one on one and virtual support offered!

Westside Youth Centre Drop-in Sessions Fridays from 3:00-6:00pm. Call/text **Caitlin @ 250-258-4913** for details.

Youth & Family Services

Free! Reconnect 13-18yrs

The Reconnect program provides short-term services to youth including parent/teen mediation, advocacy for high-risk youth that are homeless or at-risk of homelessness, alcohol and drug referrals, one-on-one support, hygiene and contraceptive education and products. This program is free of charge. Please email gsimms@bgco.ca; vschermel@bgco.ca or jbodrug@bgco.ca for services.

Volunteer Opportunities

Want to make a difference? If you have a special talent or simply want to make a difference in a youth or child's life, contact BGC Okanagan to be a volunteer. We need: **Mentors, Program Volunteers.**

For registration or more information on programming www.Bgco.ca/forms

All program delivery procedures are reviewed and adapted to meet the required Communicable Disease Prevention Program and follow Health Authorities, and WorkSafe BC recommendations and best practises.

Respect Personal Space  **Wash Hands** 

If you feel sick, stay home 