

Pool Schedule Effective Mar 21-Jun 30

Schedule may be subject to change as we follow our Communicable Disease Prevention Plan and the Public Health Orders.

Aqua Fitness: Reserve for the upcoming week **starting Fridays at 12:30pm (online/in-person/telephone).**
Lane Swim: Reserve for the upcoming week **starting Fridays at 8:30am. Max of 2 active spots/week. Online registration encouraged.**

JOHNSON BENTLEY
MEMORIAL AQUATIC CENTRE

778-797-POOL

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-7:00am		Lane Swim/Adult Spa					
7:00-8:00am		Lane Swim/Adult Spa					
8:00-8:45am		Aquafit/Single Lane Swim (Tu/Th)					
9:00am-Noon	Swim Lessons	Aquafit/Lessons/Parent & Tot Swim/Single Lane Swim (Tu/Th)/Adult Spa					Swim Lessons
Noon-1:00pm	Lane Swim/Aqua Yoga (MWF))/Adult Spa						
1:00-1:30pm	Public Swim (1:00-2:30pm)	CLOSED FOR MID DAY CLEANING AND DISINFECTION					Public Swim (1:00-2:30pm)
1:30-3:00pm	CLEANING (2:30-3:00pm)	Water Walking/Adult Spa/Parent & Tot Swim					CLEANING (2:30-3:00pm)
3:00-5:00pm	Public Swim (3:00-4:30pm)	Swim Lessons/Swim Club POOL FACILITY CLOSED TO PUBLIC				Public Swim	Public Swim (3:00-4:30pm)
5:00-6:30pm	Public Swim (5:00-6:30pm)						Public Swim (5:00-6:30pm)
6:30-7:15pm		Aquafit		Aquafit			
6:30-8:00pm		Public Swim (6:30-8:00pm) No Lane M/W (6:30-7:15pm)					
8:00-9:00pm		Lane Swim/Adult Swim	Single Lane/Masters Swim/Adult Swim	Lane Swim/Adult Swim	Single Lane/Masters Swim/Adult Swim/Aqua Yoga		

SPRING BREAK AFTERNOON PUBLIC SWIMS M-F Mar 21-Apr 1 3:00-5:00pm

DESCRIPTIONS:

Lane Swim: Fast, medium or slow lane. No water walking.

Aquafit: For a detailed schedule of classes, please see page 17.

Water Walking: Reservation no longer required.

Public Swim: All children under 7yrs must be accompanied by a responsible adult (16yrs +) and be within arms reach at all times. *One single lane will be available for public use during Public Swim.*

Parent & Tot Swim: Beach area/round pool available. Children under 6yrs only, accompanied by an adult (16yrs +).

Aqua Yoga: Round pool closed to public during Aqua Yoga classes. See page 17 for details.

Adult Spa: Adults (18yrs +) only, hot tub and steam room available.

Masters Swim: Masters Swim Club will be using half the pool 8:00-9:00pm Tu/Th. *One single lane will be available for public use during Masters Swim.*

Easter & Victoria Day Weekends

Public Swim
Noon-1:30pm
or 2:00-3:30pm

Expectations of Adults Swimming with Children

All children under 7yrs must be within arm's reach of a responsible adult (16yrs +) at all times in/and around the pool.

We expect adults with children to:

- **Actively engage with children in the water.** ie: Safely enter and exit the water, maintain sight and attention of children in your care.
- **Encourage the safe use of all equipment**
Such as: slides, diving boards, mats and boats.
- **Help Lifeguards enforce safety pool rules**
Support facility rules such as: no running, no standing on or diving off mats.
- **Encourage safety skills.** Teach children to wait for an adult when they come to water. ie: Stop, Look and Listen.

