



WESTSIDE SENIORS ACTIVITY CENTRE

3661 Old Okanagan Highway
West Kelowna
250-768-4004
www.westkelownacity.ca



If you are enthusiastic about becoming involved with your community, or are looking for new recreation activities, come down and visit the Westside Senior Centre. The activity centre offers a variety of programs and services for seniors in West Kelowna. Although the Centre is not open 24/7, it is open at several different times during the day and we welcome you to come and join in on the activities shown opposite or at least the weekly social. It's good to get out and meet new friends!

SENIORS ACTIVITIES 2019:

Ballroom Dance	Cribbage	Mah Jongg
BINGO	Duplicate Bridge	Pool 8 ball
Bridge	Floor Curling	Snooker
Carpet Bowling	Jammers Music	Keep Fit
Social Gatherings	Ceramics	Fun Cards
Choir	Ladies Pool	Tai Chi
Cloggers	Line Dancing	Whist Party
Woodcarving		

MEMBERSHIP

To become a member, you must be at least 50 years of age. Membership runs from May 1 to April 30 with dues of \$20/year.

SOCIAL GATHERINGS

Every Tuesday we have a social gathering at 1:30 pm in the main hall. Various entertainment is provided as well as refreshments. Every third Tuesday of the month is **Hamburger Day** at Noon. \$3 for a Hamburger, chips, coffee/tea and ice cream. Non-members are most welcomed to join us.

BINGO! Don't drive all over looking for a friendly game of bingo. Come and join us in West Kelowna for bingo on Wednesday starting at 6:45 pm. You don't have to be a member of the Activity Centre to play, you just have to be 19 years of age or older. Come and try your luck.

Also note, our seniors play Canasta at the Heritage Residences on Fridays at 1:00pm.

For information on present and future activities, please contact **Judy** at **250-769-0983**.



Westside Seniors Activity Centre Schedule of Activities 2019

Monday	9:00am 9:30am 10:00am 10:00am 1:00pm 6:00-9:00pm	Ceramics Men's Bridge Line Dance, Improver Snooker Duplicate Bridge Cloggers
Tuesday	9:00am 9:30-10:30am 1:30pm 3:00-4:30pm 7:00pm	Ceramics Keep Fit Social Gathering Tai Chi Cribbage
3rd Tuesday	Noon	Hamburger Day
Wednesday	10:00am 10:30am 11:30am 1:30pm 2:00pm 6:45pm	Pool - 8 Ball Whist Party Line Dancing, Beginner Mah Jongg Drop-in Ballroom Dancing BINGO
Thursday	9:30am 9:30am 12:45pm 1:00pm 7:00pm 7:00pm	Quilters Choir Practice Carpet Bowling Ladies Pool Bridge Woodcarving
Friday	8:30am 9:30-10:30am 10:45am 1:00pm 3:00-4:30pm	T.O.P.S. Keep Fit Line Dancing Floor Curling Tai Chi
1st and 3rd Friday only Last Friday only	6:30pm 7:00pm	Jammers Social Dancing
Saturday	9:30am 10:00am	Advanced Clogging Pool - Golf
Every 1st Saturday Every 1st and 3rd Saturday 2nd Saturday	Noon-2:30pm 7:00pm 11:00am	Clogging Workshop Fun Cards Crown Jewels of Canada, Co-Queens

CALL 250-769-0983 FOR MORE INFORMATION.

