



For up to date information on programs, please call Carla at 250-863-1068 or visit the Seniors Centre page on the City of West Kelowna website at www.westkelownacity.ca/en/parks-recreation-and-culture/seniors-centre.aspx

WESTSIDE SENIORS CITIZENS SERVICE ASSOCIATION ACTIVITY CENTRE



3661 Old Okanagan Highway
West Kelowna
250-768-4004
www.westkelownacity.ca

If you are enthusiastic about becoming involved with your community, or are looking for new recreation activities, come down and visit the Westside Seniors Activity Centre. The activity centre offers a variety of programs and services for seniors in West Kelowna. Although the Centre is not open 24/7, it is open at several different times during the day and we welcome you to come and join in on the activities shown opposite or at least the weekly social. It's good to get out and meet new friends!

SENIORS ACTIVITIES 2022:

- | | |
|-----------------------------------------------|---------------|
| Ballroom Dance | Clogging |
| Mah-jongg | Canasta |
| BINGOCribbage | Pool 8 ball |
| Bridge Duplicate Bridge | Quilters |
| Floor Curling | Snooker |
| Carpet Bowling | Jammers Music |
| Social Gatherings | Keep Fit |
| Ceramics | Woodcarving |
| Chair Yoga | Ladies Pool |
| Whist Party | Choir |
| Line Dancing | |
| Westside Health Network Society-Happy Hookers | |

MEMBERSHIP

To become a member, you must be at least 50 years of age. Membership runs from May 1 to April 30 with dues set at \$25 per person.

SOCIAL GATHERINGS

Every Tuesday starting in September, we have a social gathering at 1:30pm in the main hall. Various entertainment is provided as well as refreshments.

Our monthly **Hamburger Days** fall on the **third Tuesday each month** \$5 for a Hamburger, chips, coffee/tea and ice cream. Non-members are most welcomed to join us.

BINGO! Don't drive all over looking for a friendly game of bingo. Come and join us in West Kelowna for bingo on Wednesday starting at 6:45pm.

You don't have to be a member of the Activity Centre to play, you just have to be 19 years of age or older. Come and try your luck.

For information on present and future activities, please contact Carla at 250-863-1068.

All program delivery procedures are reviewed and adapted to meet the required Communicable Disease Prevention Program and follow Health Authorities, and WorkSafe BC recommendations and best practises.

Respect Personal Space 🧑‍🧑, **Wash Hands** 🧼, **If you feel sick, stay home** 🏠

