

# Winter Pool Schedule Effective as of Jan 3

**Reserved Lane Swim:** Reserve starting Fridays at 8:30am for the upcoming week. Max of three active spots/week.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00am	Reserved Lane Swim / Adult Spa						
7:00-8:00am	Reserved Lane Swim / Adult Spa						
8:00-8:45am	Aqua Fitness / Lane Swim / Adult Spa						
9:00am-Noon	Aqua Fitness / Lessons / Parent & Tot Swim / Lane Swim / Adult Spa					Lessons**	
Noon-1:00pm	Reserved Lane Swim / Aqua Yoga (MW) / Parent & Tot Swim / Adult Spa					Reserved Lane Swim Lessons	
1:00-3:00pm	Public Swim / Rental Groups					Public Swim (1:00-4:00pm)	
3:00-5:00pm	Lessons** / Swim Club				Closed		
5:00-6:30pm	Lessons** / Swim Club						
6:30-8:00pm	Public Swim (Aqua Fitness running M/W 6:30-7:15pm - no swim lane available)						
8:00-9:00pm	Lane Swim Adult Spa Aqua Yoga	Masters Swim Adult Spa	Lane Swim Adult Spa Aqua Yoga	Masters Swim Adult Spa			

JOHNSON BENTLEY  
MEMORIAL AQUATIC CENTRE

778-797-POOL

Schedule may be subject to change.

**\*\*Pool facilities (main pool, hot tub, steam room) closed to public.**

**DESCRIPTIONS:**

**Lane Swim:** Fast, medium or slow lane. No water walking.

**Aqua Fitness:** For a detailed schedule of classes, please see page 17.

**Public Swim:** All children under 7yrs must be accompanied by a responsible adult (16yrs +) and be within arms reach at all times. *No lane available M/W evenings during public swim.*

**Parent & Tot Swim:** Beach area/round pool available. Children under 6yrs only, accompanied by an adult (16yrs +).

**Aqua Yoga:** Round pool closed to public during Aqua Yoga classes.

**Adult Spa:** Adults (18yrs+) only, hot tub and steam room available.

**Masters Swim:** Masters Swim Club will be using half the pool Tu/Th from 8:00-9:00pm. *One single lane will be available for public use during Masters Swim.*

**Winter Break  
Public Swims  
Dec 17-Jan 2**

Dec 17 & 18	1:00-4:00pm
Dec 19-23	1:00-5:00pm & 6:30-8:00pm
Dec 24	Noon-4:00pm
Dec 25	CLOSED
Dec 26	Noon-4:00pm
Dec 27-30	1:00-5:00pm & 6:30-8:00pm
Dec 31-Jan 2	Noon-4:00pm

## Expectations of Adults Swimming with Children

**All children under 7yrs must be within arm's reach of a responsible adult (16yrs +) at all times in/and around the pool.**

### We expect adults with children to:

- **Actively engage with children in the water.** ie: Safely enter and exit the water, maintain sight and attention of children in your care.
- **Encourage the safe use of all equipment**  
Such as: slides, diving boards, mats and boats.
- **Help Lifeguards enforce safety pool rules**  
Support facility rules such as: no running, no standing on or diving off mats.
- **Encourage safety skills.** Teach children to wait for an adult when they come to water. ie: Stop, Look and Listen.

