

\$5
PER SESSION

Adult Gymnasium Drop-in Sport Schedule

Have a free evening with nothing to do? Grab your runners, maybe a friend and drop-in to a variety of sports programs offered in West Kelowna. A great way to get a little exercise and have some fun, no commitment required, just drop-in! Equipment is provided. *Due to occasional scheduling conflicts, these sessions are subject to change/cancellation.*

Description	Monday	Tuesday	Wednesday	Thursday	Friday
Badminton 14yrs + SPORT ATTENDANT: Bob LOCATION: Mt Boucherie Senior Secondary, Gym NO CLASS OCT 10	Sep 19-Dec 12 7:30-9:30pm	See www.westkelownacity.ca/ communitycalendar for schedule changes on community calendar.			
Basketball 19yrs + SPORT ATTENDANT: Richard LOCATION: Glenrosa Middle School, Gym NO CLASS OCT 10	Sep 19-Dec 12 Time TBA				
Ultimate 19yrs + SPORT ATTENDANT: DAVID LOCATION: Multi Sport Centre/Dome NO CLASS OCT 10	Sep 19-Dec 12 8:15-10:15pm				
Co-Ed Indoor Soccer 19yrs + SPORT ATTENDANT: Michelle LOCATION: Multi Sport Centre/Dome				Sep 22-Dec 15 8:15-10:15pm	
Volleyball-Recreational 16yrs + SPORT ATTENDANTS: Terry and Ryan LOCATION: Mar Jok Elementary School, Gym NO CLASS OCT 10	Sep 19-Dec 5 7:30-9:30pm			Drop-in Programs: Gym Programs <ul style="list-style-type: none"> • Advance online registration is available. Drop-in welcome on site, space permitting. • Register at www.westkelownacity.ca/recreation. • Each program will have different maximum capacities. • Online registration for programs opens the day prior and closes at 4:00pm day of. • Drop-in programs are nonrefundable. • Doors will open 15 minutes prior to each start time. • See page 44 for registration details. 	
Volleyball-Intermediate 16yrs + Bring your own ball if you choose. SPORT ATTENDANT: Andrew LOCATION: Glenrosa Middle School, Gym NO CLASS NOV 9			Sep 21-Dec 14 Time TBA		
Volleyball-Competitive 16yrs + Bring your own ball if you choose. SPORT ATTENDANT: Emma LOCATION: Mar Jok Elementary School, Gym		Sep 20-Dec 6 7:30-9:30pm			

Please be advised that participants will be required to read and sign a waiver prior to participating in all of our drop-in programs.

Adult Leagues

League-Soccer

A league of our own! The City of West Kelowna is pleased to offer an indoor co-ed recreational Soccer league. Teams should be comprised of 20 players with a minimum of six men and two women on the field at all times.

LOCATION: **Multi-Sport Centre/Dome**

9265 Tu/W Oct 4-Dec 14 8:15-10:15pm \$840/11

League-Volleyball Indoor

A league of our own! West Kelowna is pleased to offer an indoor co-ed recreational volleyball league. Teams should be comprised of six players with a minimum of two men and two women on the court at all times.

LOCATION: **Mar Jok Elementary School, Gym**

9207 Th Sep 22-Dec 8 7:30-9:30pm \$145/12



CITY OF WEST KELOWNA
RECREATION AND CULTURE

778-797-8800