

West Kelowna Community Resources



BC Housing

1-800-257-7756

SAFER (Shelter Assistance Program for Elderly Renters)

RAP (Rental Assistance Program for families)

www.bchousing.org/housing-assistance

BGC – Okanagan

(250) 762-3914

1434 Graham Street, Kelowna, BC

info@bgco.ca

www.bgco.ca/

- Family, child and teen programs

Brain Trust Canada

100-215 Lawrence Ave., Kelowna, BC

(250) 762-3233

info@braintrustcanada.com

www.BrainTrustCanada.com

- supporting those with a brain injury

Bridge Youth & Family Services

(250) 763-0456 / 1-855-760-0456

8-2604 Enterprise Way, Kelowna, BC

info@thebridgeservices.ca

www.thebridgeservices.ca

- family, child, youth and recovery and addiction services

Canadian Mental Health Association (CMHA)

(250) 861-3644

504 Sutherland Ave. Kelowna, BC

kelowna@cmha.bc.ca

www.cmhaketowna.com

- Housing & Navigation Services
- Wellness Programs

Centre culturel fracopone de l'Okanagan

(250) 860-4074

702, avenue Bernard, Kelowna, BC

www.leccfo.org

Central Okanagan Food Bank

(250) 768-1559

3711 Elliott Rd, West Kelowna, BC

infowk@cofoodbank.com

www.cofoodbank.com

Central Okanagan Public Schools (SD23)

(250) 860-8888

1040 Hollywood Rd. S, Kelowna, BC

www.sd23.bc.ca

schoolboard.office@sd23.bc.ca

Childhood Connections – Okanagan Family & Childcare Society

(250) 762-3536

101-1505 Harvey Ave. Kelowna, BC

resource@childhoodconnections.ca

www.childhoodconnections.ca

- family and childcare resources, programs and services including CCRR childcare referral program

Foundry Kelowna

(236) 420-2803

100-1815 Kirchner Rd, Kelowna

www.foundrybc.ca/kelowna/

- primary care, mental health, substance use, counselling, social service needs of youth 12-24

Health Link BC - 811

If you have health questions you can speak to a registered nurse, dietitian, pharmacist

Insurance Corporation of BC

(250) 860-4069

1720 Springfield Rd., Kelowna, BC

www.icbc.com

- Driver Licensing office & Claims Centre
- Photo BC Services Card

West Kelowna Community Resources



Interior Crisis Line Network

1-888-353-2273

- For immediate and urgent mental health assistance.

Kandu

(778) 594-1716

2438 Main St, West Kelowna, BC
Peer-led, non-profit that serves vulnerable people in West Kelowna

KCR Community Resources

(250) 763-8008

620 Leon Ave., Kelowna, BC

www.kcr.ca

- community resource database
- immigrant services and employment services
- community food resource calendar

Kelowna Gospel Mission (KGM)

Dental Clinic

250-763-3737 or 1-800-789-0680

259B Leon Ave, Kelowna, BC

dentalclinic@kelownagospelmission.ca

www.kelownagospelmission.ca

- Low-cost dental services for those who are experiencing pain or infection. For low-income individuals, families, seniors, those on income assistance or disability.

Kelowna Women's Shelter

(250) 763-1040

<https://www.kelownawomensshelter.com/>

[m/](https://www.kelownawomensshelter.com/)

- supports for women and children leaving domestic abuse and violence

Kids Help Phone

1-800-668-6868

Text CONNECT to 686868 or use Facebook Messenger

www.kidshelpphone.ca

Ki-low-na Friendship Society

(250) 763-4905

442 Leon Ave

Kelowna, BC

reception@kfs.bc.ca

www.kfs.bc.ca

Karis Support Society

(250) 860-9507

550 Rowcliffe Ave. Kelowna, BC

info@karis-society.org

www.karis-society.org

- 37-bed facility for women struggling with mental health and addiction challenges

KUU-US Crisis Line Society

1-800-588-8717

- support for First Nations, Métis and Inuit Peoples,
- crisis response personnel are certified and trained in Indigenous cultural safety

Mamas for Mamas

1(877) 535-2432

120-1735 Dolphin Ave. Kelowna, BC

info@mamasformamas.org

www.mamasformamas.org/

- supports for mothers and caregivers in crisis

West Kelowna Community Resources



Mental Health Support Line

310-6789

24 hours a day, 7 days a week, toll-free anywhere in British Columbia (no need to dial an area code).

- emotional support, information and resources specific to mental health in BC.

Metis Community Services

(250) 868-0351

147 Park Road Kelowna, BC

reception@mcsbc.org

www.mcsbc.org

Métis Crisis Line

1-833-638-4722

- 24/7 crisis line by Métis Nation British Columbia

Metro Community Church - Hygiene Centre

(778) 478-2466

100-1262 St. Paul St. Kelowna

- A place to shower and do laundry and connect to supports and services.

Ministry of Labour (including Employment Standards)

1-800-663-3316

102-1690 Powick Rd., Kelowna, BC

www.gov.bc.ca (search “employment standards”)

Ministry of Social Development & Poverty Reduction

1-866-866-0800

www.gov.bc.ca search “income assistance”

www.myselfserve.gov.bc.ca

3685 Hoskins Rd., West Kelowna, BC

- Senior’s Supplement
1-877-815-2363
- Bus Pass Program

Okanagan Nation Alliance

(250) 707-0095

#101, 3535 Old Okanagan Hwy

Westbank, BC

www.syilx.org/

Options for Sexual Health

1-800-739-7367

102-285 Aurora Cres, Kelowna, BC

- Offers support about sex, sexuality, safer sex supplies, counselling, women's screening (including PAP, pregnancy, STI), low-cost contraceptives, emergency contraception.

Our Lady of Lourdes (St. Vincent de Paul)

(250) 801-5905

www.ssvpokv.ca

- Supplies food and help for people with social and economic problems who are in emergency situations

Outreach Urban Health

(250) 868-2230

455 Leon Ave, Kelowna, BC

- Harm reduction supplies and services, intensive case management, primary health care.

Piers – Partners in Resources

(250) 878-2740

#3-2411 Drought Road

West Kelowna, BC

info@pierspartners.ca

www.pierspartners.ca

- employment and life-skills services; supports for housing and financial mgt issues



West Kelowna Community Resources

Seniors Outreach & Resource Centre
(250) 861-6180
102-2055 Benvoulin Crt., Kelowna, BC
www.seniorsoutreach.ca

ServiceBC
1-800-663-7867
305-478 Bernard Ave., Kelowna, BC
Services include:

- BC Vital Statistics (birth, marriage, death certificates)
- Medical Services (MSP) info
- BC Services Cards (no photo)
- BCeID

Suicide Hotline
1-800-784-2433, 1-800-SUICIDE
24 hours a day, 7 days a week and in
up to 140 languages.

- For individuals who are or know someone who is having thoughts of suicide.

Turning Points Collective
(250) 542-3555
#102 3301 24 Ave., Vernon, BC
info@turningpoints.ngo
www.turningpoints.ngo

- outreach, shelter services and housing options for vulnerable, unhoused people

Urgent and Primary Care Center
(250) 469-6010
2484 Main St., West Kelowna, BC

- Drop-in Services for Illnesses or Injuries that need attention within 12-24 hours.

West Kelowna Health Center
(250) 980-5150
160-2300 Carrington Rd, West Kelowna, BC

- Mental Health and Substance Use Services, Immunizations, Harm Reduction Supplies, Sharps disposal, General Health Services

Westbank First Nation – Health & Wellness Centre
(250) 768-0227
1900 Quail Lane, Westbank, BC
www.wfn.ca/programs-services/health-wellness.htm

- Health and wellness programs for WFN family and community members

Westbank Library/ORL Branch
(250) 768-4369
31-2484 Main St, West Kelowna, BC

Westside Health Network Society
(250) 768-3305
100-3591 Elliott Rd., West Kelowna, BC
Exec.Director@westsidehealthnetwork.org
www.westsidehealthnetwork.org/

Westside Salvation Army
(250) 768-1850
3531 Old Okanagan Hwy #101
Westbank, BC
www.westkelownasa.ca



West Kelowna Community Resources

Westside Youth Centre

(250) 768-9139

2466 Main St, West Kelowna BC,

wyc@obgc.ca

- drop-in programs, afternoon snacks and dinner for youth age 12-24.

WorkBC Employment Services Centres

(778) 741-0155

111-3011 Louie Dr.

www.workbc.gov.bc.ca

- Job search resources, skills assessment, training, and work experience

YMCA – Southern Interior BC

(250) 491-9622

hello@ymcaokanagan.ca

www.ymcasibc.ca

- Programs and services for children to seniors
- Childcare and employment services

Richter Street Shelter

(778) 212-1401

1083 Richter St., Kelowna, BC

19+, all genders, couples accepted (separate pods), Pet friendly, OPS and harm reduction on site.

Kelowna's Gospel Mission (KGM) Shelter

(250) 763-3737

259 Leon Ave, Kelowna, BC

19+, Men only, No pets

Doyle Ave. Shelter

(236) 420-0899

550 Doyle Ave, Kelowna, BC

19+, All genders, Couples accepted (separate pods), Pet-friendly

BGC - Okanagan Downtown Youth Shelter

(250) 868-8541 x202

1633 Richter St., Kelowna, BC

- Beds for 13-18 yr/, 19+ require exemption, all genders, couples accepted (separate pods), No pets, meals provided.

KELOWNA EMERGENCY SHELTERS

Cornerstone Shelter

(250) 317-6678

425 Leon Ave, Kelowna

19+, All genders, Couples stay together, Pet friendly, OPS and harm reduction on site.

AG House

(250) 763-2262

16+, women and children only, Pet friendly