



HOUSING SUPPORTS AND NAVIGATION

BC Housing

i SAFER (Shelter Assistance Program for Elderly Renters), RAP (Rental Assistance Program for Families) and Independent Living BC Program (support for seniors and people with disabilities). [Independent Living BC Program | BC Housing](#)

📞 1-800-257-7756

🖥️ [BC Housing, Housing Assistance](#)

BC Residential Tenancy Branch

i Tenants and landlords can find information to guide them from the start of a tenancy to the end. Learn what tools and resources are available and what to do if you need help.

📞 1-800-665-8779

🖥️ [Residential Tenancies - Province of British Columbia \(gov.bc.ca\)](#)

✉️ HSRTO@gov.bc.ca

Canadian Mental Health Association (CMHA)

i Housing and navigation services; wellness programs

📞 1-250-861-3644

🖥️ cmhakelowna.com

✉️ kelowna@cmha.bc.ca

📍 504 Sutherland Ave., Kelowna

🖥️ [Central Okanagan Rent Bank](#)

John Howard Society

i Range of housing services to prevent and reduce homelessness

📞 1-250-763-1331

🖥️ [John Howard Society of Okanagan & Kootenay](#)

✉️ info@jhsok.ca

📍 1440 St. Paul St., Kelowna



Kandu

- 📍 Peer-led, non-profit that serves vulnerable people in West Kelowna
- ☎️ 1-778-594-1716
- 💻 [Kandu Outreach](#)
- ✉️ kanduoutreach2020@gmail.com
- 📍 2438 Main St., West Kelowna

NOW Canada

- 📍 Emergency shelter, transitional housing and affordable independent living as well as variety of supportive programs and services
- ☎️ 1-250-763-3876 and 1-250-763-2262 **emergency shelter*
- 💻 [Now Canada](#)
- ✉️ info@nowcanada.ca
- 📍 2970 Tutt St., Kelowna

Our Lady of Lourdes (St. Vincent de Paul)

- 📍 Supplies of food and help for people with emergency social/economic problems
- ☎️ 1-250-801-5905
- 💻 [St Vincent De Paul Society](#)

Piers – Partners in Resources

- 📍 Employment and life-skills services; supports for housing and financial management
- ☎️ 1-250-878-2740
- 💻 [Piers Partners](#)
- ✉️ info@pierspartners.ca
- 📍 #3-2411 Drought Rd., West Kelowna



Seniors Outreach and Resource Centre

📍 Offers a housing directory of seniors living in the Central Okanagan looking for low-income, supportive, long-term and assisted living housing

☎️ 1-250-861-6180

🖥️ [Seniors Outreach](#) and [Seniors Outreach Housing Directory](#)

✉️ info@seniorsoutreach.ca

📍 115-2065 Benvoulin Ct., Kelowna

Central Okanagan Co-Operative

📍 34 units for seniors 55+

📍 2421 Last Rd., West Kelowna

Westbank Lions Seniors Housing

📍 40 subsidized independent housing units for seniors with low income

📍 715 Gellatly Rd., West Kelowna

Society of Hope

📍 Quality affordable housing opportunities for families and seniors

☎️ 1-778-478-7977

🖥️ [Society of Hope](#)

📍 101-2055 Benvoulin Ct., Kelowna

Turning Points Collaborative Society

📍 **Bartley Court Shelter**

Supports and temporary shelter for community members who are experiencing homelessness. *Registration required*

☎️ 1-778-583-4881

🖥️ [Turning Points Collaborative Society](#)

✉️ brittany.yadernuk@turningpoints.ngo

📍 2515 Bartley Ct., West Kelowna

West Kelowna Women's Shelter

📍 Women and children fleeing domestic violence

☎️ 1-250-763-1040 or text 250-970-0704

🖥️ [Kelowna Women's Shelter](#)



EMERGENCY SHELTERS

i An online dashboard is available to find emergency shelter beds below:

📄 [Outdoor Overnight Sheltering in Designated Sites | City of Kelowna](#)

AG House

i Shelter for 16+, women and children only, pet friendly

📞 1-250-763-2262

Bay Avenue

i All genders, pet friendly

📞 1-236-420-0899

📍 858 Ellis St., Kelowna

BGC – Okanagan Downtown Youth Shelter/Youth Centre

i Shelter for 13–18-year-olds, 19+ require exemption, all genders, couples accepted (separate pods), no pets, meals provided, Drop-in Centre provides dinner, showers, laundry and activities (open Monday to Friday, 3 p.m. – 8 p.m.)

📞 1-250-868-8541 x202

📍 1633 Richter St., Kelowna

Cornerstone Shelter

i Shelter for 19+, all genders, couples stay together, pet friendly, OPS and harm reduction on site

📞 1-250-317-6678

📍 425 Leon Ave., Kelowna

Doyle Ave. Shelter

i Shelter for 19+, all genders, couples accepted (separate pods), pet friendly

📞 1-236-420-0899

📍 550 Doyle Ave., Kelowna



Kelowna Women's Shelter

- 📍 Women and children fleeing domestic violence, pet friendly
- ☎️ 1-250-763-1040

KGM Leon Shelter

- 📍 Shelter for 19+, men only, no pets
- ☎️ 1-250-763-3737
- 📍 251 Leon Ave., Kelowna

Overnight Sheltering Site (OS4)

- 📍 Designated space for outdoor overnight sheltering until more space is available in emergency shelters or housing.
- 📍 890 Baillie Ave., Kelowna

Richter Street Shelter

- 📍 Shelter for 19+, all genders, couples accepted (separate pods), pet friendly, OPS and harm reduction on site.
- ☎️ 1-778-212-1401
- 📍 1083 Richter St., Kelowna

HEALTH & WELLNESS RESOURCES

Harm Reduction





- ☎️ Text "JOIN" to ALERTS (253787) to get toxic drug alerts
- 📍 Get free naloxone kits at your local pharmacy
- 📍 Bridge Outreach – Harm Reduction Delivery:
☎️ Text 1-250-258-4938

Integrated Health Outreach Team (IHOT) with Interior Health



- 📍 7 day-a-week health care supports and IH system navigation
- ☎️ 1-250-258-1817 (1-250-878-7031 holidays/stats and weekends)
- 📍 1649 Pandosy Street, Kelowna (in West Kelowna on various days/times)
- 📄 <https://www.interiorhealth.ca/services/health-outreach-team>








ORL Westbank Library/Branch

-  Access to internet, Wi-Fi, bathroom and computer
-  1-250-768-4369
-  3731 Old Okanagan Hwy., West Kelowna
-  [ORL Westbank](#)




Outreach Urban Health O.U.H

-  Access to internet and computer Primary Care Clinic offering physical, mental and social health services, supervised consumption services and drop-in COVID-19 vaccines (open Monday to Friday, 10 a.m. – 4 p.m.),
-  1649 Pandosy St., Kelowna




Ki-low-na Friendship Society

-  Provides for the mental, emotional, physical and spiritual well-being of all peoples through the development of community-based services.
-  1-250-763-4905
-  442 Leon Ave., Kelowna, BC
-  [The Ki-Low-Na Friendship Society](#)
-  reception@kfs.bc.ca





LGBTQS+ Supports

-  1-800-566-1170
-  [QMUNITY](#)
-  [This Space Belongs to You](#)

Metro Café

-  Bathroom, shower and laundry access, lights meals and onsite storage
-  1-778-478-2466
-  1262 St. Paul St. Kelowna

PEOPLE Peer Support Workers and Navigators

-  ORL: Downtown, Mon. to Wed. 8:30a.m. – 3:30p.m. | Rutland, Thurs. to Fri. 10a.m. – 4p.m.
-  Parkinson Recreation Centre: Monday to Thursday, 10 a.m. – 3 p.m.
-  KFS Indigenous Harm Reduction Team: Monday to Friday, 8:30 a.m. – 2:30 p.m.
-  Overnight Sheltering Site and around downtown: Monday to Thursday, 9 a.m. – 2 p.m.