

Adult Gymnasium Drop-in Sport Schedule

Have a free evening with nothing to do? Grab your runners, maybe a friend, and drop-in to a variety of sports programs offered in West Kelowna. A great way to get a little exercise and have some fun. No commitment required, just drop-in! Equipment is provided.

\$4 Drop-in or Book of 10 tickets \$36 - good for all drop-in gym sport programs. Share with a friend.

| DESCRIPTION | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|---|
| Badminton 14yrs + SPORT ATTENDANT: Bob LOCATION: Mt Boucherie Secondary, Gym NO CLASS OCT 9 AND NOV 13. | Sep 18-Dec 18 7:30-9:30pm \$4 drop-in | | | | |
| Pickleball 16yrs + SPORT ATTENDANT: Brock LOCATION: George Pringle Elementary, Gym | | Sep 19-Dec 12 6:15-9:00pm \$4 drop-in | | | Sep 22-Dec 15 6:15-9:00pm \$4 drop-in |
| Indoor Soccer 19yrs + SPORT ATTENDANT: Michelle LOCATION: George Pringle Elementary, Gym | | | | Sep 21-Dec 14 7:30-9:30pm \$4 drop-in | |
| Basketball 19yrs + LOCATION: Glenrosa Middle, Gym NO CLASS OCT 9 AND NOV 13. | Sep 25-Dec 11 7:30-9:30pm \$4 drop-in | | | | |
| Volleyball-Competitive 16yrs + Bring your own ball if you choose. SPORT ATTENDANT: Roy LOCATION: Mar Jok Elementary, Gym | | Sep 19-Dec 12 7:30-9:30pm \$4 drop-in | | | |
| Volleyball-Recreational 16yrs + Bring your own ball if you choose. SPORT ATTENDANT: Breanne LOCATION: Mar Jok Elementary, Gym NO CLASS OCT 9 AND NOV 13. | Sep 18-Dec 11 7:30-9:30pm \$4 drop-in | | | | |
| Ping Pong 14yrs + Bring your own equipment if you choose. LOCATION: Constable Neil Bruce Middle, Multi-Purpose Room | Sep 11-Dec 11 4:30-7:30pm \$2 drop-in or included in CNB Fitness Pass | Sep 5-Dec 12 4:30-7:30pm \$2 drop-in or included in CNB Fitness Pass | Sep 6-Dec 13 4:30-7:30pm \$2 drop-in or included in CNB Fitness Pass | Sep 7-Dec 14 4:30-7:30pm \$2 drop-in or included in CNB Fitness Pass | |

General Information

- Please sign in and give your payment or ticket to sport attendant at the start of the program.
 - No food or drinks in the gym except water.
 - Please wear only non-marking shoes in the gym.
 - Space is limited.
- We operate on a first come first serve basis.
- Schedule is subject to change without notice.

Please be advised that participants will be required to read and sign a waiver prior to participating in all of our drop-in programs.

League



Volleyball League-Indoor

A league of our own! West Kelowna is pleased to offer an indoor co-ed

recreational volleyball league. Teams should be comprised of six players with a minimum of two men and two women on the court at all times.

INSTRUCTOR: **Breanne**

LOCATION: **Mt Boucherie Secondary School**

5846 Th Sep 21-Dec 14 7:30-9:30pm Team/\$145

Sport Drop-in Tickets

Sport Drop-in tickets can be purchased at the Recreation and Culture office at the Mt. Boucherie Complex. Call **778-797-8800** for information.

Strips of tickets will be available for purchase the first two weeks of the program at the program site by cash or cheque for **\$36/10 tickets**.

